

2018

FEBRUARY

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--|--|--|--|-----|---|--|
| 28 | 29 | 30 | 31 | 1 | 2 | 3 |
| | | | | | NO ICE | |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | <p>3:45-4:45 STAR 1+ 4:30-5:30 STAR 3&4</p> <p>5:30-6:15 CANSKATE 5:30-6:00 PRECANSKATE</p> <p>6:30-7:30 STAR 5+</p> | <p>Off Ice Conditioning</p> <p>4:00-4:45 STARskate</p> | <p>3:45-4:45 STAR 3+ 3:45-4:30 PreSTAR, 1&2 Off Ice 4:45-5:45 PreSTAR, 1&2 5:00-5:45 STAR 3&4 Off Ice 5:45-6:30 STAR 5+ Off Ice</p> <p>6:00-6:45 CANSKATE 6:00-6:30 PRECANSKATE</p> <p>7:00-8:00 STAR 3+</p> | | <p>STARskate Competition (Sylvan Lake)</p> <p>3:45-4:45 STAR 5+ 4:45-5:45 STAR 1+</p> | <p>STARskate Competition (Sylvan Lake)</p> |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| <p>STARskate Competition (Sylvan Lake)</p> | <p>3:45-4:45 STAR 1+ 4:30-5:30 STAR 3&4 5:30-6:15 CANSKATE 5:30-6:00 PRECANSKATE</p> <p>6:30-7:30 STAR 5+</p> | <p>Off Ice Conditioning</p> <p>4:00-4:45 STARskate</p> | <p>3:45-4:45 STAR 3+ 3:45-4:30 PreSTAR, 1&2 Off Ice 4:45-5:45 PreSTAR, 1&2 5:00-5:45 STAR 3&4 Off Ice 5:30-6:15 STAR 5+ Off Ice** 6:00-6:45 CANSKATE 6:00-6:30 PRECANSKATE</p> <p>7:00-8:00 STAR 3+</p> | | <p>3:45-4:45 STAR 5+ 4:45-5:45 STAR 1+</p> | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| | FAMILY DAY | | <p>4:00-5:00 STAR 1&2 5:00-6:00 STAR 3+ 6:15-7:30 STAR 5+</p> | | <p>3:45-4:45 STAR 5+ 4:45-5:45 STAR 1+</p> | |
| 25 | 26 | 27 | 28 | 1 | 2 | 3 |
| | <p>3:45-4:45 STAR 1+ 4:30-5:30 STAR 3&4</p> <p>5:30-6:15 CANSKATE 5:30-6:00 PRECANSKATE</p> <p>6:30-7:30 STAR 5+</p> | <p>Off Ice Conditioning</p> <p>4:00-4:45 STARskate</p> | <p>3:45-4:45 STAR 3+ 3:45-4:30 PreSTAR, 1&2 Off Ice 4:45-5:45 PreSTAR, 1&2 5:00-5:45 STAR 3&4 Off Ice 5:45-6:30 STAR 5+ Off Ice</p> <p>6:00-6:45 CANSKATE 6:00-6:30 PRECANSKATE</p> <p>7:00-8:00 STAR 3+</p> | | | |