

2017

NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	31	1 3:45-4:45 STAR 3+ 3:45-4:30 PreSTAR, 1&2 Off Ice 4:45-5:45 PreSTAR, 1&2 5:00-5:45 STAR 3&4 Off Ice 5:30-6:15 STAR 5+ Off Ice** HALLOWEEN!! 6:00-6:45 CANSKATE 6:00-6:30 PRECANSKATE 7:00-8:00 STAR 3+	2	3 *DRESS DAY* 3:45-4:45 STAR 5+ 4:45-5:45 STAR 1+	4
5	6 3:45-4:45 STAR 1+ 4:30-5:30 STAR 3&4 5:30-6:15 CANSKATE 5:30-6:15 PREPOWER 5:30-6:00 PRECANSKATE 6:30-7:30 STAR 5+	7 Off Ice Conditioning 4:00-4:45 STARskate	8 3:45-4:45 STAR 3+ 3:45-4:30 PreSTAR, 1&2 Off Ice 4:45-5:45 PreSTAR, 1&2 5:00-5:45 STAR 3&4 Off Ice 5:45-6:30 STAR 5+ Off Ice 6:00-6:45 CANSKATE 6:00-6:30 PRECANSKATE 7:00-8:00 STAR 3+	9	10 NO ICE	11
12	13 3:45-4:45 STAR 1+ 4:30-5:30 STAR 3&4 5:30-6:15 CANSKATE 5:30-6:15 PREPOWER 5:30-6:00 PRECANSKATE 6:30-7:30 STAR 5+	14 Off Ice Conditioning 4:00-4:45 STARskate	15 3:45-4:45 STAR 3+ 3:45-4:30 PreSTAR, 1&2 Off Ice 4:45-5:45 PreSTAR, 1&2 5:00-5:45 STAR 3&4 Off Ice 5:30-6:15 STAR 5+ Off Ice** 6:00-6:45 CANSKATE 6:00-6:30 PRECANSKATE 7:00-8:00 STAR 3+	16	17 *DRESS DAY* **SIMULATION** 3:45-4:45 STAR 5+ 4:45-5:45 STAR 1+	18
19	20 3:45-4:45 STAR 1+ 4:30-5:30 STAR 3&4 5:30-6:15 CANSKATE 5:30-6:15 PREPOWER 5:30-6:00 PRECANSKATE 6:30-7:30 STAR 5+	21 Off Ice Conditioning 4:00-4:45 STARskate	22 3:45-4:45 STAR 3+ 3:45-4:30 PreSTAR, 1&2 Off Ice 4:45-5:45 PreSTAR, 1&2 5:00-5:45 STAR 3&4 Off Ice 5:45-6:30 STAR 5+ Off Ice 6:00-6:45 CANSKATE 6:00-6:30 PRECANSKATE 7:00-8:00 STAR 3+	23	24 3:45-4:45 STAR 5+ 4:45-5:45 STAR 1+	25
26	27 3:45-4:45 STAR 1+ 4:30-5:30 STAR 3&4 CANADA 150 DAY!! 5:30-6:15 CANSKATE 5:30-6:15 PREPOWER 5:30-6:00 PRECANSKATE 6:30-7:30 STAR 5+	28 Off Ice Conditioning 4:00-4:45 STARskate	29 3:45-4:45 STAR 3+ 3:45-4:30 PreSTAR, 1&2 Off Ice 4:45-5:45 PreSTAR, 1&2 5:00-5:45 STAR 3&4 Off Ice 5:45-6:30 STAR 5+ Off Ice CANADA 150 DAY!! 6:00-6:45 CANSKATE 6:00-6:30 PRECANSKATE 7:00-8:00 STAR 3+	30	1 2 NOTES: HALLOWEEN - Skaters are welcome to wear costumes - no masks or face coverings (ensure skaters can see), no items that may drag on the ice or cause a tripping hazard, allow skaters easy movement. CANADA 150 - Skaters are welcome to wear RED for Canada's 150 year celebrations.	