

2017

OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 NO SKATING	3 Off Ice Conditioning 4:00-4:45 STARSkate	4 3:45-4:45 STAR 3&4 3:45-4:30 STAR 1&2 Off Ice 4:45-5:45 STAR 1&2 4:30-5:15 STAR 5+ Off Ice 5:15-6:00 STAR 3&4 Off Ice 6:00-7:00 STAR 5+ 7:00-8:00 STAR 3+	5	6 11:00-1:00 POWER CAMP *DRESS DAY* 3:45-4:45 STAR 5+ 4:45-5:45 STAR 1+	7
8	9 3:45-4:45 STAR 1+ 4:30-5:30 STAR 3&4 WELCOME SKATERS!! 5:30-6:15 CANSKATE 5:30-6:15 PREPOWER 5:30-6:00 PRECANSKATE 6:30-7:30 STAR 5+	10	11 3:45-4:45 STAR 3+ 3:45-4:30 PreSTAR, 1&2 Off Ice 4:45-5:45 PreSTAR, 1&2 5:00-5:45 STAR 3&4 Off Ice 5:45-6:30 STAR 5+ Off Ice WELCOME SKATERS!! 6:00-6:45 CANSKATE 6:00-6:30 PRECANSKATE 7:00-8:00 STAR 3+	12	13 3:45-4:45 STAR 5+ 4:45-5:45 STAR 1+	14
15	16 3:45-4:45 STAR 1+ 4:30-5:30 STAR 3&4 5:30-6:15 CANSKATE 5:30-6:15 PREPOWER 5:30-6:00 PRECANSKATE 6:30-7:30 STAR 5+	17 Off Ice Conditioning 4:00-4:45 STARSkate	18 3:45-4:45 STAR 3+ 3:45-4:30 PreSTAR, 1&2 Off Ice 4:45-5:45 PreSTAR, 1&2 5:00-5:45 STAR 3&4 Off Ice 5:45-6:30 STAR 5+ Off Ice 6:00-6:45 CANSKATE 6:00-6:30 PRECANSKATE 7:00-8:00 STAR 3+	19	20 *DRESS DAY* 3:45-4:45 STAR 5+ 4:45-5:45 STAR 1+	21
22	23 3:45-4:45 STAR 1+ 4:30-5:30 STAR 3&4 5:30-6:15 CANSKATE 5:30-6:15 PREPOWER 5:30-6:00 PRECANSKATE 6:30-7:30 STAR 5+	24 Off Ice Conditioning 4:00-4:45 STARSkate	25 3:45-4:45 STAR 3+ 3:45-4:30 PreSTAR, 1&2 Off Ice 4:45-5:45 PreSTAR, 1&2 5:00-5:45 STAR 3&4 Off Ice 5:45-6:30 STAR 5+ Off Ice 6:00-6:45 CANSKATE 6:00-6:30 PRECANSKATE 7:00-8:00 STAR 3+	26	27 3:45-4:45 STAR 5+ 4:45-5:45 STAR 1+	28
29	30 3:45-4:45 STAR 1+ 4:30-5:30 STAR 3&4 HALLOWEEN!! 5:30-6:15 CANSKATE 5:30-6:15 PREPOWER 5:30-6:00 PRECANSKATE 6:30-7:30 STAR 5+	31 Off Ice Conditioning 4:00-4:45 STARSkate	<p>1 2 3 4</p> <p>NOTES: PLEASE REMEMBER TO BRING YOUR OWN MAT FOR OFF ICE CLASSES!!</p> <p>HALLOWEEN - Skaters are welcome to wear costumes - no masks or face coverings (ensure skaters can see), no items that may drag on the ice or cause a tripping hazard, allow skaters easy movement.</p>			